

Lunch

HOT LUNCHES

A Little Healthy

Lemon Herbed Grilled Chicken Breasts
Herbed Cous Cous
Grilled Asparagus Tossed in Balsamic Vinaigrette
Fresh Mozzarella, Cherry Tomato & Pesto Skewers
Mixed Green Garden Salad
Fresh Fruit Platter
Strawberry Bagatelle
Assorted Sodas & Water
\$18.70 per person

Carne Asada

Diced Onions, Chopped Cilantro
Guacamole, Sour Cream, Pickled Jalapenos, Grated Cheese,
Pico de Gallo & Green Tomatillo Salsa
Small Flour Tortillas & White Corn Tortillas
White Rice with Corn
Black Beans
Mixed Green Garden Salad
Fresh Fruit Platter
Lemon Bars
Assorted Sodas & Water
\$18.15 per person

Bowtie Pasta

Sliced Grilled Chicken Breasts, Cherry Tomatoes, Asparagus & Fresh Herbs
Penne Pasta Puttanesca
Mixed Greens with Cranberries, Candied Pecans & Blue Cheese
Fresh Fruit Platter
Lemon Bars
Assorted Sodas & Water
\$13.75 per Person

Central America

Cheese and/or Pork Pupusas
Casamiento (Beans & Rice)
Romaine Lettuce with Tomatoes, Cucumbers & Mushrooms
Fresh Fruit Platter
Dulce de Leche Cake
Assorted Sodas & Water
\$17.35 per person

Chicken Mole

Steamed White Rice
Warm Black Beans
Mixed Green Garden Salad with Sweet Italian Dressing
Warm Tortillas
Fresh Fruit Platter
Tiki Crunch Cake
Assorted Sodas & Water
\$17.60 per person

Mediterranean Chicken

Lemon Scented Rice
Sautéed Green Beans
Greek Salad
Assorted Dinner Rolls
Fresh Fruit Platter
Lemon Bars
Assorted Sodas & Water
\$19.25 per Person

Chicken Shawarma Platter:

Marinated, Boneless, Chicken, Thinly Sliced
Grilled Vegetable Platter
Salmon Filets with a Light Lemon Caper Sauce
Hummus & Pita Bread
Tabouleh Salad
Yogurt Sauce
Tahini Sauce
Lemon Bars & Baklava
Assorted Sodas & Water
\$18.45 per person

Enchiladas

Cheese Enchiladas with Red Sauce
Chicken Enchiladas with Green Sauce
Flour Tortillas, Guacamole, Sour Cream, & Salsa
Spanish Rice
Black Beans
Mexican Salad with Queso, Pumpkin Seeds, Tortilla Chips &
Cilantro Dressing
Fresh Fruit Platter
Lemon Bars
Assorted Sodas & Water
\$17.35 per person

Far East

Thai Rice Noodles with Shredded Chicken Cilantro, Carrots,
Mint with a Peanut Sauce
Five Spice Fried Chicken
Vegetarian Fried Spring Rolls
Spinach Salad with Mushrooms, Tomato, Hard Boiled Eggs & Sunflower Seeds
with Sweet Italian Dressing
Fresh Fruit Platter
Almond Cookies
Assorted Sodas & Water
\$15.40 per person

Hamburgers, Hot Dogs, Garden Burgers

Lettuce, Sliced Tomato, Sliced Red Onion, Sliced Cheese, Pickles,
Diced Yellow Onion, Relish, Ketchup, Mustard & Mayonnaise
Hot Dog & Hamburger Buns
Potato Salad
Mixed Green Garden Salad
Fresh Fruit Platter
Brownies
Assorted Sodas & Water
\$17.05 per Person

Little Italy

Antipasto Platter
Olives, Salami, Prosciutto, Mozzarella,
Artichokes, Roasted Red Pepper, Sautéed Garlic Mushrooms
Dinner Rolls
Hearts of Romaine Caesar Salad with Garlic Croutons
Pesto Cheese Tortellini (Hot) or Herbed Orzo Salad (Cold)
Fresh Fruit Platter
Plain & Chocolate Biscotti
Assorted Sodas & Water
\$13.75 per person

Middle East

Creamy Curry Chicken
Curried Rice
Spicy Broccoli
Samosas
Mixed Green Garden Salad
Fresh Fruit Platter
Mango Solei Cake
Assorted Sodas & Water
\$17.60 per person

Shish Kebobs

Beef, Chicken & Vegetarian
Basmati Rice
Steamed Broccoli
Greek Salad
Romaine Lettuce, Tomatoes, Cucumbers,
Kalamata Olives, Feta & Red Onions
Fresh Fruit Platter
Baklava
Assorted Sodas & Water
\$19.25 per Person

South of the Border

Beef Fajitas
Chicken Fajitas
Vegetarian Fajitas
Flour Tortillas, Guacamole, Sour Cream, & Salsa
Spanish Rice & Refried Beans
Mexican Salad with Queso, Pumpkin Seeds,
Tortilla Chips & Cilantro Dressing
Fresh Fruit Platter
Lemon Bars
Assorted Sodas & Water
\$17.65 per person

Taco Bar

Small Flour Tortillas & Hard Corn Shells
Ground Beef & Vegetables (no chicken)
Guacamole, Sour Cream, Pickled Jalapenos,
Grated Cheese, Shredded Lettuce, Diced Tomatoes
Spanish Rice and Refried Beans
Mixed Green Garden Salad
Fresh Fruit Platter
Assorted Homemade Cookies
Assorted Sodas & Water
\$18.15 per person
Minimum Order for 20 people

Taste of Spain

Spicy Gazpacho with Cilantro & Cucumber
Dry Rubbed Chicken Breast with Cumin & Topped with Pineapple Salsa
Penne Pasta with White Corn, Black Beans, Chives,
Fresh Tomato Saffron Mayonnaise
Spinach Salad, Corn & Roasted Red Pepper with Chipotle Dressing
Sweet Dough Rolls & Butter
Fresh Fruit Platter
Key Lime Tartlets
Assorted Sodas & Water
\$13.75 per person
Minimum of 15 people

SANDWICHES & COLD LUNCHEON

Assorted Salad Luncheon

Crunchy Chinese Chicken Salad with Spicy Peanut & Sesame Dressing
Hearts of Romaine Caesar Salad with or without Grilled Chicken
Egg & Leek Salad
Tuna Salad with Finely Chopped Celery & Scallions
Pasta Salad with Artichokes, Sun Dried Tomatoes & Feta Cheese
Assorted Grain Breads & Rolls
Fresh Fruit Platter
Assorted Fruit Bars
Assorted Sodas & Water
\$13.75 per person

Boxed Sandwich Lunches

Choice of Sandwiches:
Fresh Roasted Turkey, Roasted Chicken, Smoked Ham, Roast Beef,
Tuna, Chicken Salad, Egg Salad, Avocado & Sprouts,
Eggplant & Sun Dried Tomato
Mayo, Mustard, Lettuce & Tomato
Pasta Salad of the Day
Potato Chips
Homemade Chocolate Chip Cookies
Assortment of Sodas & Water
\$11.30 per person

Boxed Salad Lunches

Chef Salad

Julienne Turkey, Smoked Ham, Monterey Jack Cheese,
Sliced Hard Boiled Eggs, Tomato & Cucumber

Caesar Salad

Hearts of Romaine, Shaved Asiago & Garlic Croutons
Available with Chicken or Prawns

Spinach Salad

Crispy Pancetta, Hard Boiled Eggs, Sunflower Seeds & Plum Tomatoes

Chinese Chicken

Grilled Chicken with Peanut Dressing, Sliced Lettuce, Cilantro,
Carrots, Scallions, & Crisp Noodles
Assorted Dressings, Bread & Butter,
Homemade Cookies
Assorted Sodas & Water
\$11.30 per person

From the Sea

Cold Poached Salmon Side with Roasted Garlic & Fresh Dill Aioli
Rotelle Pasta with Thinly Sliced Cucumbers, Radishes, Red Onion,
& Shrimp with a Cilantro Citrus Dressing
Yukon Potato Salad with Caviar Dressing
Seared Scallops, Pear Tomatoes, Pine Nuts, & Haricots
with Lemon Caper Dressing
Fresh Fruit Platter
Rolls & Butter
Key Lime Tartlets
Assorted Sodas & Water
\$21.20 per person
Minimum Order for 25 people

Meat & Cheese Platter

Roasted Turkey, Deli Turkey, Roast Beef, Smoked Ham
Salami, Avocado, Sprouts & Cucumber
Cheddar, Jack & Swiss Cheeses
Pasta Salad
Garden Green Salad with Sweet Italian Dressing
Fresh Fruit Platter
Sandwich Bread
Assorted Homemade Cookies
Assorted Sodas & Water
\$13.75 per person

Mediterranean

Assorted Lavosh Sandwiches
Turkey with Cranberry & Cream Cheese, Smoked Ham
Smoked Salmon, Roasted Red Peppers with Goat Cheese
Greek Salad with Kalamata Olives, Tomatoes, Cucumber, Feta & Vinaigrette
Orzo Salad, Dolmas, Hummus & Pita Chips
Fresh Fruit Platter
Baklava
Assorted Sodas & Water
\$13.75 per person

Trayed Sandwich Catering

Assorted Sandwiches on a Variety of Breads
Fresh Turkey Breast, Herbed Chicken Breast, Roast Beef, Smoked Ham,
Tuna, Avocado, Sprouts, Cucumber & Cheese
Romaine & Gorgonzola Salad with Spiced Pecans
Potato & Green Vegetable Salad with Dijon Dressing & Chives
Fresh Fruit Platter
Homemade Chocolate Chip & Peanut Butter Cookies
Assorted Sodas & Water
\$13.20 per person

Tea Luncheon

Assorted Tea Sandwiches
Chicken Salad with Smoked Almonds
Cucumber, Goat Cheese & Water Cress
Egg Salad with Finely Sliced Leek
Smokey Turkey with Arugula Mayonnaise
Smoked Salmon & Wasabi
Assorted French & Italian Cheeses with Chilled Grapes
Freshly Baked Scones
Assorted Petit Fours
Fresh Fruit Platter
Assorted Soda, Bottled Water, & Hot Teas
\$15.95 per person